

## *Getting Started with...*

# PSYCHOLOGY

### **Welcome!**

We've collated some of the most useful things you can be doing to prepare for joining us in the Autumn term. Work through them in any order, explore anything that you enjoy further, take your time to broaden your knowledge before we start working together on the A level course. We're looking forward to working with you!

### **Get familiar with the specification:**

<https://www.aqa.org.uk/subjects/psychology/as-and-a-level/psychology-7181-7182>

### **Videos to watch on a variety of topics that are directly relevant to your two years studying Psychology:**

[I Am Not A Monster: Schizophrenia | Cecilia McGough | TEDxPSU - YouTube](#) – A talk from Cecilia McGough challenging the stigma that still persists within mental health and specifically Schizophrenia.

[How Reliable Is Your Memory? Dr. Elizabeth \(Beth\) Loftus - TED Talk on False Memories - YouTube](#) Dr Elizabeth Loftus discusses how our memories are reconstructed and can be affected by 'false memories'. This can have huge implications within the Criminal Justice System where eye-witness-testimony is used as evidence in court.

[The new era of positive psychology | Martin Seligman - YouTube](#) – A Talk from Martin Seligman about the new era of 'Positive Psychology' and how this differs from 'Traditional' Psychology.

[Crime and violence: The biological behind murder - YouTube](#) - Professor Adrian Raine discusses the Biological indicators, such as genetics and brain abnormality, which may make an individual more likely to be a violent offender/psychopath.



The  
British  
Psychological  
Society

**Psychology in the UK is governed by the British Psychological Society (BPS). Here is a link to their website: [BPS](#)**

For those of you that are thinking of taking Psychology at university then this is the organisation that will accredit your degree!

**When we conduct Psychological research within the UK we must adhere to the BPS ethical Guidelines. Here is a link to the BPS Code of Human Research Ethics for you to look at**

[BPS Code of Human Research Ethics.pdf](#)

You will learn a shortened summarised version of these during your course.

## **Summer Task in preparation for your first lesson**

**Select a research study from the following:**

- 1. Ivan Pavlov- Classical conditioning (Pavlov's dogs)**
- 2. B.F Skinner- Operant conditioning (Skinner's rats/ pigeons)**
- 3. Albert Bandura- Social Learning Theory (Bobo Doll)**
- 4. Milgram- obedience (electric shocks)**
- 5. Zimbardo- conformity (prison study)**
- 6. Phineas Gage (brain damage)**



**Produce a poster/ fact file/ handout about the research. This can include pictures and will be used for display work in the classroom.**

**We will be discussing what you have found out about this in the first lesson.**

***Any questions? Feel free to contact the subject leader on***

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